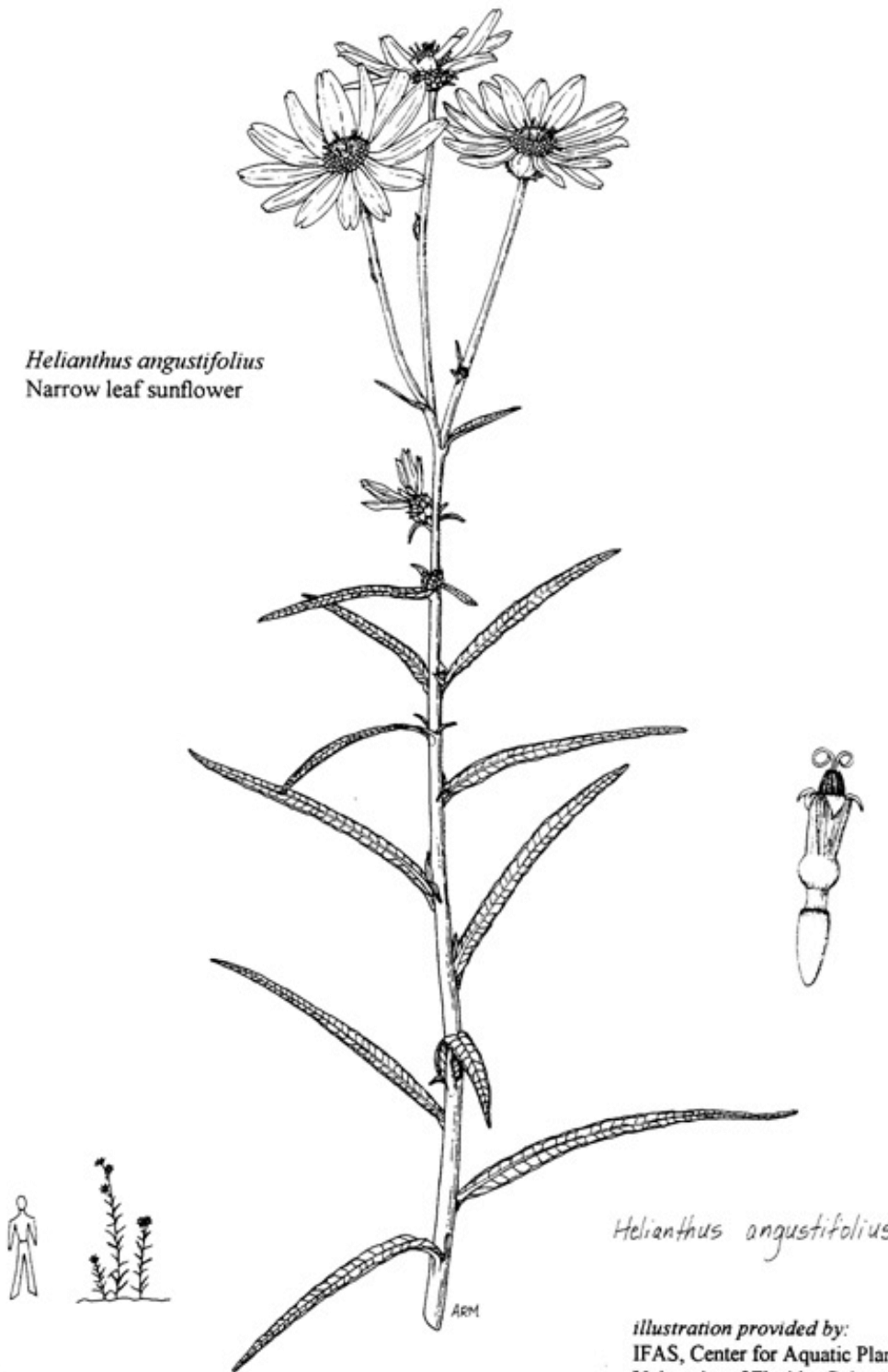


Helianthus angustifolius
Narrow leaf sunflower



Helianthus angustifolius

illustration provided by:
IFAS, Center for Aquatic Plants
University of Florida, Gainesville, 1996

NARROWLEAF SUNFLOWER

Narrowleaf Sunflower (*Helianthus angustifolius*), also known as swamp sunflower, is a perennial native to North America. A member of the Aster family, it grows up to 6' tall and has attractive blooms with a purplish-brown center surrounded by a disk of golden petals 2-3" wide. Its leaves are deep green, narrow, and rough. It prefers wet soil and full sun. Blooming late summer into fall, its seeds are a food source for birds, butterflies, small mammals, and native